



COUSERANS
PYRÉNÉES
Vivre l'instant !

RESTAURANTS

RESTAURANTS OUVERTS AUJOURD'HUI

Restaurant Horizon 117 Côté Jardin



Traditional, inventive cuisine featuring local produce and producers. The little extra: the covered terrace facing the Pyrenees on the garden side, and the fireplace on the hotel side for winter evenings.

Adult menu: 26 to 40 euros
Child menu (11 years): 13 euros
Menu of the day: 16 to 26 euros.

All year round on Sunday between 12 pm and 2 pm. From Monday to Saturday between 12 pm and 2 pm and between 7.30 pm and 9 pm.

Route D 117
09190 Lorp-Sentaraille
☎ **+33 (0)5 61 66 26 80**

contact@horizon117.fr
www.horizon117.com/

Restaurant Le Garbet



Traditional cuisine all year round, only at lunchtime. Reservations are strongly recommended.

Tasting menu: 17.50 euros
Menu of the day: 16.50 euros.

All year round, daily.

Route d'Aulus
09140 Oust
☎ **+33 (0)5 61 66 80 12**

Restaurant Chalet de Beauregard



©Loïc Bel

The « Chalet de Beauregard » a high-altitude inn, offers mountain cuisine infused with the flavours of Ariège.

From 05/07 to 01/09/2025
Adult menu: 23 to 39 euros
Child menu: 14 euros.
From 21/12/2025 to 22/03/2026.

**From 05/07 to 01/09, daily.
From 21/12 to 22/03, daily.**

Col d'Escots
09140 Ustou
☎ **+33 (0)5 61 66 75 99**

contact@chaletdebeauregard.com

Restaurant Le Poulpe du Lac



Large bistro in the heart of the village with a spacious bar, restaurant, wine cellar, covered terrace and large garden.

All year round

Opening hours on Wednesday between 9 am and 5 pm. On Thursday, Friday and Sunday between 11 am and 11 pm. On Saturday between 11 am and 2 am.

Rue du Pont
09200 Sainte-Croix-Volvestre
☎ **+33 (0)5 61 04 01 10**

lepoulpedulac@gmail.com
lepoulpedulac.fr/

Restaurant Les Myrtilles



Auberge Les Myrtilles' guests are generally mountain lovers who also enjoy delicious and healthy food. This combination of delicious and healthy food is always the inspiration behind the dishes created in our kitchen. We always start from as much fresh produce as possible. Our cuisine can be best described as honest, balanced and also sometimes surprising.

All year round, daily.

Salau
09140 Couflens
☎ **+33 (0)5 61 66 82 58**

aubergelesmyrtilles@hotmail.com
www.aubergelesmyrtilles.com/fr/



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OFFICE DE TOURISME COUSERANS PYRÉNÉES

Place Alphonse Sentein, 09200 Saint-Girons • 05 61 96 26 60

www.tourisme-couserans-pyrenees.com • contact@tourisme-couserans-pyrenees.com



Restaurant L'auberge d'Antan



Come and rediscover wood-fired cuisine, cooked in front of you. The atmosphere is warm and friendly. A restaurant where traditional flavors blend with the chef's creativity.

A la carte: 6 to 25 euros.

All year round

Opening hours on Tuesday, Wednesday, Thursday, Friday and Sunday between 12 pm and 1.30 pm. On Tuesday, Wednesday, Thursday, Friday and Saturday between 7.30 pm and 9 pm.

Beauregard

09200 Saint-Girons

☎ **+33 (0)5 61 64 11 02**

laubergedantan@gmail.com

Restaurant Auberge des Deux Rivières



©Loïc Bel

In the heart of a protected natural regional park, come and discover a cuisine with hints of yesteryear and a touch of Belgium. Philippe will take you back in time through his cooking, rediscovering the flavors of our grandmothers' dishes.

Open every day.

Pont de la Taule

09140 Seix

☎ **+33 (0)5 61 66 83 57**

aubergedesdeuxrivers@gmail.com

www.aubergedesdeuxrivers.com/

Restaurant La Table de l'Ours



A cuisine based on local produce, with the aim of introducing you to new seasonal flavours.

A la carte: 9 to 56 euros

Child menu: 11 euros

Menu of the day: 15 euros

Wine: 1.80 to 26 euros.

All year round

daily between 12 pm and 1.30 pm and between 7 pm and 8.30 pm.

Allée des orchidées Parc de Palétès

09200 Saint-Girons

☎ **+33 (0)5 61 66 06 79**

contact@parcdepaletes.com

www.restaurant-la-table-de-l-ours.fr/

Restaurant Les terrasses du Golf



For a gustatory swing! Make the most of a trip to Ecogolf Ariège Pyrénées, and take a break on the terrace of this restaurant with its local flair.

From 01/01 to 31/05/2023

Adult menu: 25 euros

Child menu : 13 euros.

From 01/06 to 30/09/2023

Adult menu: 25 euros

Child menu : 13 euros.

From 01/10 to 31/12/2023

Adult menu: 25 euros

Child menu : 13 euros.

Child entry valid for 0 - 12 years.

From 01/01 to 31/05, daily between 11.45 am and 2.30 pm.

From 01/06 to 30/09, daily between 11.30 am and 3 pm.

From 01/10 to 31/12, daily between 11.45 am and 2.30 pm.

Ecogolf Village d'Unjat

09240 La Bastide-de-Sérou

☎ **+33 (0)5 61 65 84 82**

tdg09restaurant@gmail.com

www.restaurantlesterrassesdugolf.com/

Restaurant-Boutique 'A La Bonne Franquette



©Mickaël RICHARD

At 'La Bonne Franquette', indulge in 'simple, friendly' cuisine based on local produce from the Ariège region.

Child menu: 11.50 euros

Menu of the day: 18.50 euros (served for lunch on weekdays - Starter / Main course / Dessert / Coffee).

From 02/01 to 31/12

on Tuesday and Thursday between 8 am and 7 pm. On Wednesday between 8 am and 2 pm. On Friday between 8 am and 9 pm. On Saturday between 9 am and 9 pm. On Sunday between 9 am and 2 pm.

Closed on Monday.

1 Place du 8 mai

09420 Rimont

☎ **+33 (0)9 72 97 87 16**

alabonnefranquette09@gmail.com

Restaurant L'Estacade



From 01/01 to 31/12/2025 daily.

09800 Argein

☎ **+33 (0)5 61 03 64 33**

shera.estaque@hotmail.fr

www.restaurant-lestacade.fr/

Snack, salon de thé Aux Ateliers de la Liberté



Delicious, friendly and relaxing The tearoom offers a wide range of organic products for a sweet or savoury treat: bread, pastries, viennoiseries, biscuits and savoury snacks.

A la carte: 10 to 20 euros.

From 01/01 to 31/12

Opening hours on Tuesday between 11 am and 7 pm. On Wednesday, Thursday and Friday between 8.30 am and 7 pm. On Saturday between 8.30 am and 3 pm.

Closed Monday and Sunday.

40, Boulevard Frédéric Arnaud

09200 Saint-Girons

☎ **+33 (0)5 61 96 36 77**

contact@ateliersdelaliberte.fr

ateliersdelaliberte.fr/

Restaurant L'Azinat



©Remy AUPETIT

Adult menu: 17 to 29 euros.

From 12/04/2025 to 12/04/2026 daily between 12 pm and 10 pm.

17 bis, Place de l'Allée

09140 Seix

☎ **+33 (0)6 09 16 46 29**

lazinat@orange.fr

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tem.com/z8501e3f133769x133769b83111_fr-

restaurant-l-azinat-Seix.aspx

Le Boréal



From 01/01 to 31/12 daily.

Route de saint girons

09240 La Bastide-de-Sérou

☎ **+33 (0)5 61 64 59 59**

leborealofrate@gmail.com

leborealariège.com/