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The Pointe des Mattes tour is a day hike for good walkers.

Starting from the Panthiaz car park, you will first walk along the Dranse river before starting your ascent.

This summit is one of the satellites of the Mont de Grange, which culminates at 2432 m, compared to 2100 m for the Pointe des Mattes.

You will pass by the Sur Bayard waterfall and reach Les Mattes via the Torrens chalet.

From the summit, you can enjoy a view of the mountains of the Abondance valley, its villages and the Swiss Alps.

On your way back down, you will pass by the Trébentaz refuge, in the heart of a Natura 2000 site, where you can enjoy the surrounding environment and an exceptional panorama.



Téléchargez l'appli officielle

RANDO SAVOIE MONT BLANC

Gratuit

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TAKE NOTHING BUT MEMORIES ...

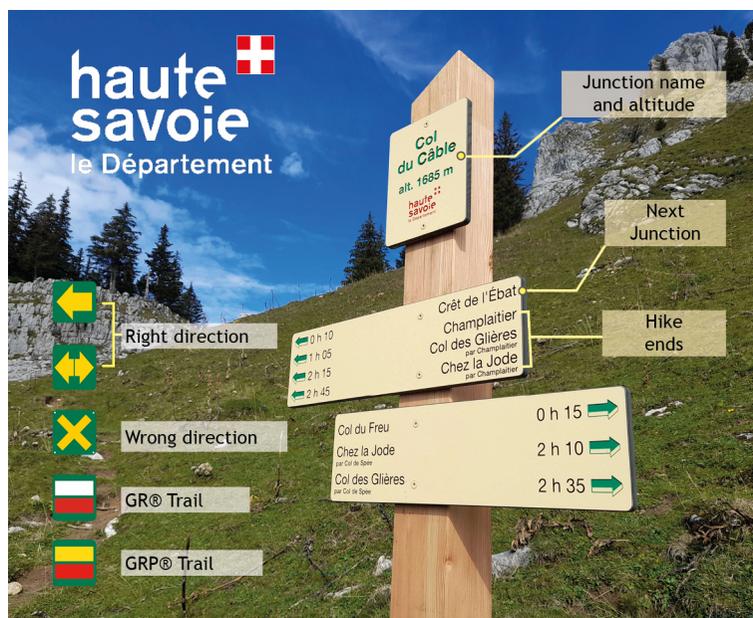
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

lachapelledabondance@ot-peva.com
04 50 73 51 41



WALKS AND HIKES



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WALKING ROUTE: TOUR OF POINTE DES MATTES

Beautiful and sportive hike starting from the valley of Abondance. Exceptional landscapes in the heart of the protected natural area of Mont de Grange.

Loop

DIFFICULT

5:45

11.3 km

+ 1040 m

- 1040 m

1913 m

No pets allowed

STARTING POINT: Route des Frasses

HOW TO GET THERE: Access (Car) : After the centre of the village of La Chapelle d'Abondance, in the direction of Châtel, you will see the Panthiaz cable car. The car park is on your right.

LA CHAPPELLE-D'ABONDANCE



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YOUR ROUTE

- ❶ Departure : Parking de la Panthiaz
- ❷ From the Panthiaz car park, follow the signs for "La Panthiaz"
- ❸ At " La Panthiaz " follow " Pont du Moulin " .
- ❹ From "Pont du Moulin", always follow "Les Mattes", then "Les Mattes par Chalet de Torrens". You will pass by " Sur Bayard ", and " Les Crottes " before reaching the chalet of Torrens.
- ❺ At "Chalet Torrens" continue towards "Les Mattes".
- ❻ At the top of Les Mattes, follow the direction "Pont du Moulin par Les Ravières", you will pass by "Refuge de Trébentaz", "La Pare du Midi", and "La Louennaz".
- ❼ At "Les Ravières" continue towards "Pont du Moulin" then "La Panthiaz" to reach the car park and your starting point.

TRICKY SECTIONS: Some passages are steep, have good walking shoes.

RECOMMENDATIONS: Whatever your hike, remember to pack cereal bars, plenty of water, sunglasses, sunscreen, a small first-aid kit, and clothing appropriate to the season and weather forecast.