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Starting from the Lac de Fontaine, the route takes you along a mountain pasture path to the place called Sémy.

Take the time to walk around this beautiful mountain lake, nestled under the Mont de Chillon. This natural setting is home to several aquatic species, including the fario trout, the rainbow trout and the minnow, making this area a popular spot for many fishing enthusiasts.

The route continues along a ridge path to the Sémy mountain chalet. Here, the view of Lake Geneva is unique. Overlooking the Vallon de Bise, various panoramas of the cliffs of Mont Chauffé, the Cornettes de Bise, the mountain pastures of Ubine and the Mont de Grange await you.

Once back down to the Quatres Chemins crossroads, the return journey follows the Eau Noire stream. This watercourse forms the wetland of the Léchère marshes, next to the Fontaine lake, your starting point.



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TAKE NOTHING BUT MEMORIES ...

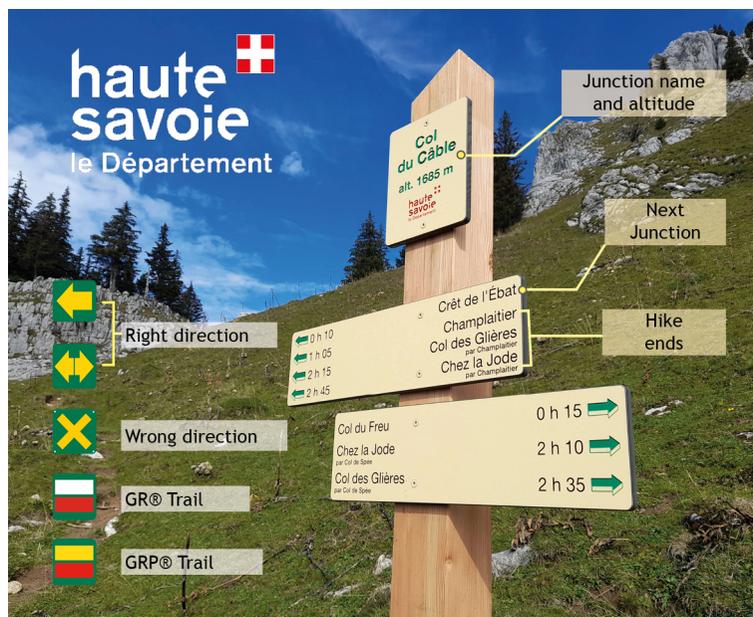
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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WALKS AND HIKES



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WALKING ITINERARY : SEMY LE BOUAZ LOOP

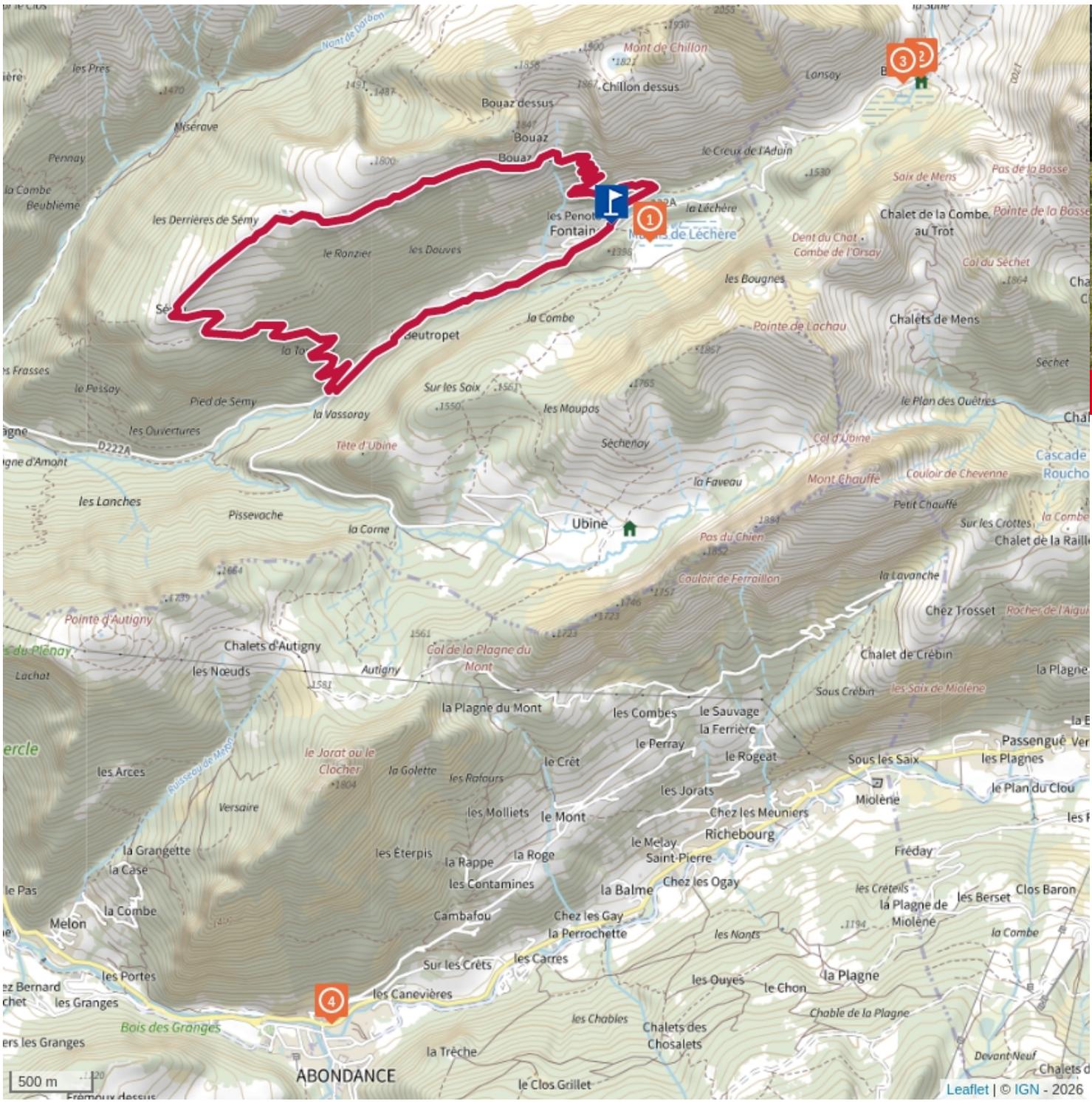
Hike through the foothills of the Cornettes de Bise, on the heights of Vacheresse. Discover the Fontaine lake and the surrounding marshes, as well as the superb view of Lake Geneva from the Sémy mountain pasture.

Loop  MODERATE
 3:30  8.8 km
 + 590 m  - 590 m  1720 m

 Keep pets on a lead

HOW TO GET THERE: Access (car) : In the Abondance valley, at Vacheresse, take the direction of Bise-Ubine. The Fontaine lake is located on the road.

VACHERESSE



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YOUR ROUTE

- 1 Start: Lac de Fontaine.
- 2 From the directional post "Lac de Fontaine", take the direction of "Sémy". Always follow this direction, you will pass by "Bouaz Dessous" and "Les Derrières de Sémy".
- 3 At the "Sémy" post, follow "Les Quatres Chemins". Then, at the intersection "Les Quatres Chemins", follow the direction of "Lac de Fontaine par Chalets de Fontaine". Always follow this direction, you will pass by "Chalets de Fontaine" before reaching your starting point.

RECOMMENDATIONS: Whatever your hike, remember to take cereal bars, sufficient water, sunglasses, sun cream, a small first aid kit, as well as clothes adapted to your outing according to the season and the weather forecast.