



©Patrick Brault – Office de Tourisme d'Abondance

The Roc de Tavaneuse, reserved for good walkers, is a beautiful summit to discover in the Vallée d'Abondance.

Starting from the Prétairié parking lot, you cross a forest.

THE PATH THROUGH THE SERRANANTS CHALET HAS BEEN CLOSED SINCE SUMMER 2023 DUE TO A LANDSLIDE.

Variation: take the path that climbs steeply to the left before the Serranants chalets, or start from Lac des Plagnes (more gradual ascent, see itinerary).

Then follow the signs for the chalets de Tavaneuse to reach the lake.

The climb is fairly steep and there is little shade, so on hot days it's best to start out cool.

You'll reach the superb Tavaneuse mountain lake with its transparent turquoise waters.

The cliffs of the Petite Pointe du Piron and the Col de Tavaneuse overlook the lake. Follow the path to the Col de Tavaneuse (1997 m), then the ridge path to the summit of Roc de Tavaneuse. A panoramic view of the Chablais mountains and the Mont Blanc massif awaits you.

The descent follows the same route to the lake, offering 3 possible alternatives to get back to the starting point.

TAKE NOTHING BUT MEMORIES ...

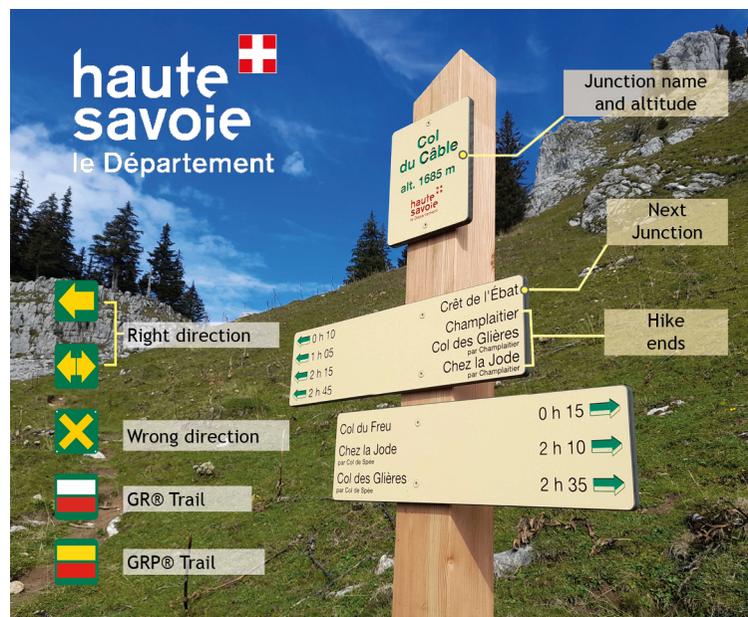
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) – www.meteofrance.com

INFORMATION

abondance@ot-peva.com
04 50 73 02 90



WALKS AND HIKES



©Patrick Brault – Office de Tourisme d'Abondance

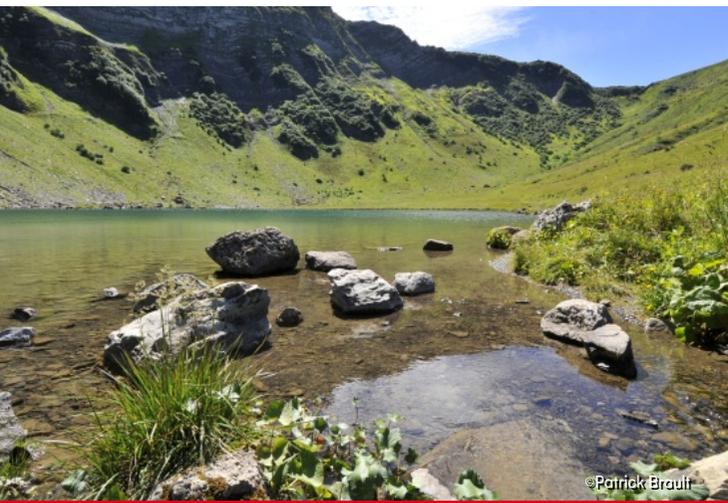
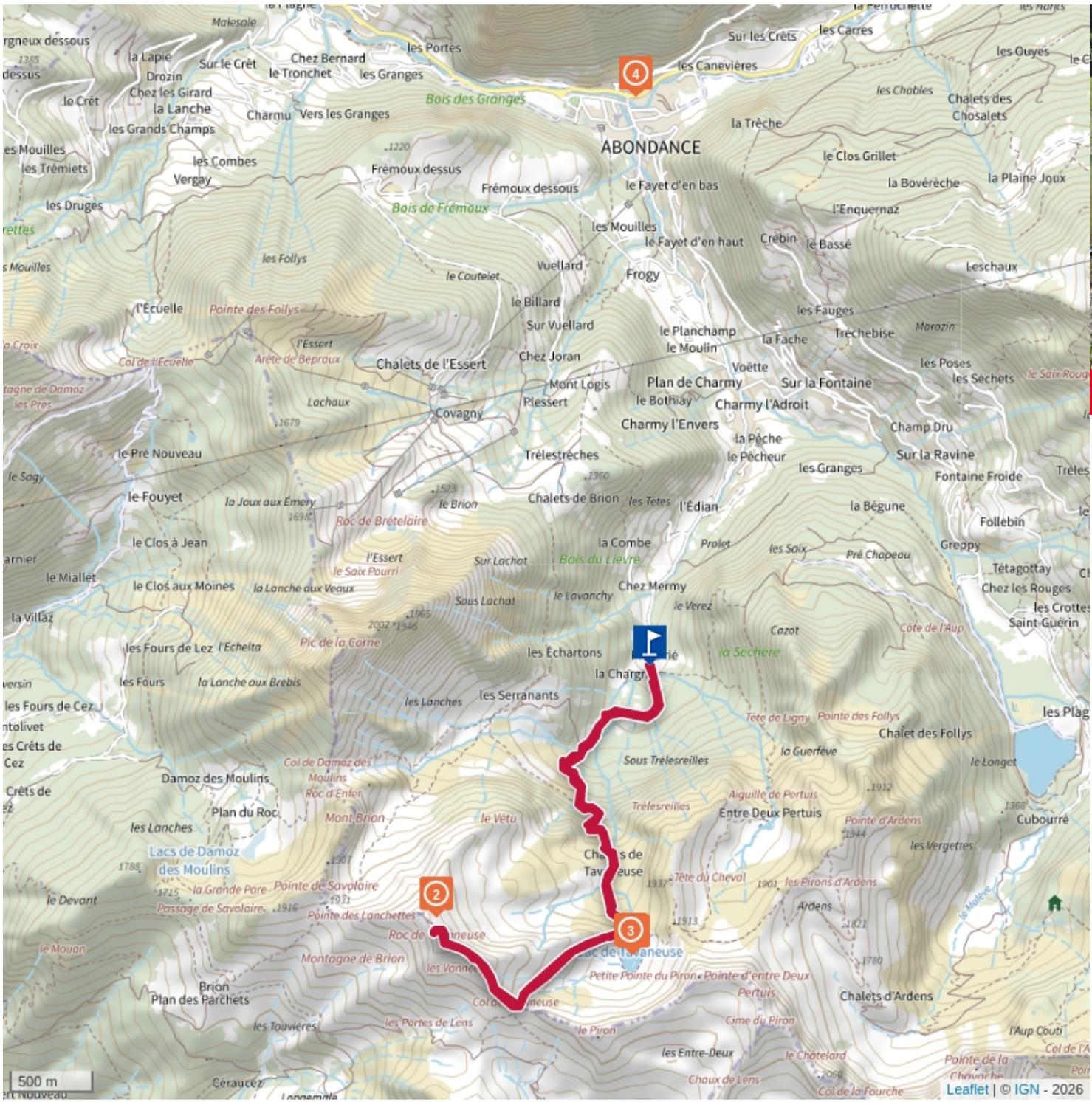
WALKING ROUTE: ROC DE TAVANEUSE FROM PRÉTAIRIÉ

A sportive hike to reach the top of the Roc de Tavaneuse, this top offer you a magnificent view of the Mont Blanc. On the way down, you can enjoy the most beautiful lake of the Chablais: the lake of Tavaneuse!

Round trip DIFFICULT
 5:25 4 km
 + 1020 m - 1020 m 2156 m

Keep pets on a lead

HOW TO GET THERE: Parking Prétairié is located 5 minutes from the centre of the village of Abondance, take the direction of Charmy l'Envers. The car park is at the end of the road.



YOUR ROUTE

- 1** Take the path towards Les Serranants. On the path, fork left and climb the path through the alder forest. The path can be slippery.
- 2** The narrow path climbs steeply towards the Tavaneuse stream. Once you reach a small promontory above the waterfall, the path climbs again, taking you to the Tavaneuse chalets.
- 3** Continue beyond them to climb straight up into the combe to reach Lac de Tavaneuse.
- 4** Turn right towards the Col de Tavaneuse.
- 5** At the Col, take the path leading to the Roc de Tavaneuse.
- 6** Take the same route down to Lac des Plagnes. From Lac de Tavaneuse, there are three possible routes back to Prétrairié: – via the ascent itinerary in 1h20, or more quickly in 1h by cutting through the alder forest; – via the Entre Deux Pertuis chalets in 2 hrs; – via Lac des Plagnes in 3h35.

RECOMMENDATIONS: Whatever your hike, remember to take cereal bars, sufficient water, sunglasses, sun cream, a small first aid kit, as well as clothes adapted to your outing according to the season and the weather forecast.