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A challenging day hike to discover Lac de Darbon and the surrounding mountains.

From Lac de Fontaine, you'll reach the Bise mountain pasture on a forest trail.

The Bise mountain pasture is a Unesco Geopark. Its landscapes offer a real journey through time, from the history of the formation of the Alps to the history of the people who have inhabited this mountain environment with their herds.

You'll then climb to the Col de Floray (1925 m), from where you'll overlook Lac de Darbon and the Alpage de Bise.

You'll then descend to Lac de Darbon, where you can enjoy a refreshing dip! A picnic is welcome.

You may even spot ibex, which are plentiful in this area.

You'll then climb up to the Darbon mountain pastures and reach the chalets.

The return to Lac de Fontaine is via a fairly steep path through the Bouaz mountain pastures.

This hike can be started from the Bise mountain pasture.

TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

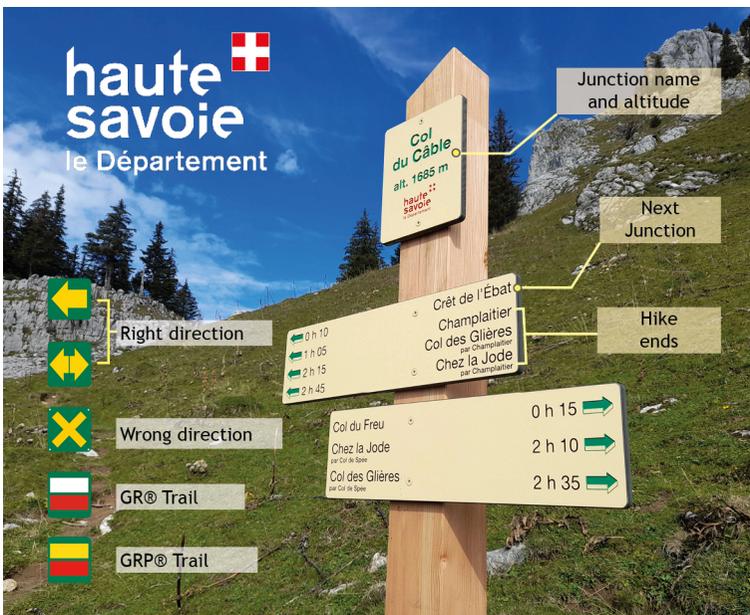


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MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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WALKS AND HIKES



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WALKING ROUTE: DARBON LOOP FROM LAKE FONTAINE

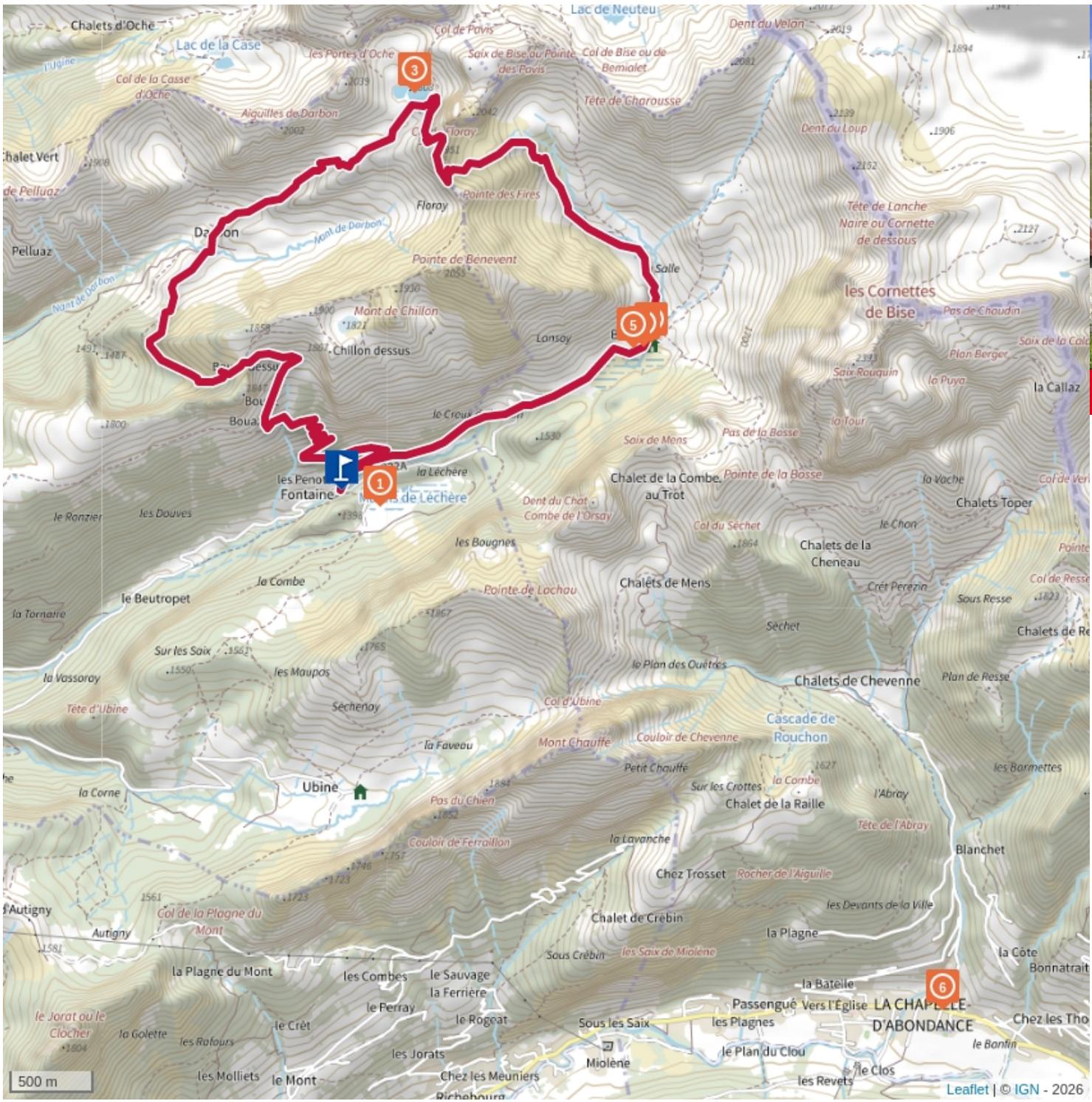
A lovely loop that takes you to Lac de Darbon and crosses its mountain pastures, with many pretty viewpoints!

Loop	DIFFICULT
5:05	11.3 km
+ 930 m	- 930 m
	1866 m

Keep pets on a lead

HOW TO GET THERE: In the Abondance valley, at Vacheresse, take the direction of Bise. Large car park on arrival at the Bise mountain pasture. No public transport service.

VACHERESSE



YOUR ROUTE

Start: Lac de Fontaine parking lot

- 1 Take the forest path to the left of the lake, towards "Chalets de Bise".
- 2 At the Bise mountain pasture, take the path on the left towards "Col de Floray" and "Col de Bise".
- 3 At the next intersection, take the path on the left towards "Col de Floray".
- 4 At Col de Floray, descend to Lac de Darbon.
- 5 At the lake, follow the path towards "Darbon".
- 6 At the Darbon chalets, take the path down to the left towards "Bouaz Dessous", "Bouaz Dessus" and "Lac de Fontaine".
- 7 Take this path downhill to Lac de Fontaine.

RECOMMENDATIONS: Whatever your hike, remember to take good walking shoes, and in your backpack, cereal bars, sufficient water, sunglasses, sunscreen, a small first aid kit, as well as clothes adapted to your outing depending on the season and the weather forecast.