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From the refuge de Trébentaz, enjoy the panorama one last time.

You'll then start the descent back to your parking lot and starting point, the La Panthiaz parking lot.

Between forests and alpine pastures, enjoy one last time this exceptional environment in the heart of a Natura 2000 listed site.



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TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com



WALKS AND HIKES



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WALKING ROUTE: TOUR OF POINTE DES MATTES IN 2 DAYS - STAGE 2

After spending the night at the Trébentaz refuge, you'll head back down to the La Panthiaz parking lot.

One-way walk/touring DIFFICULT



1:50



5.43 km



+ 859 m



- 0 m

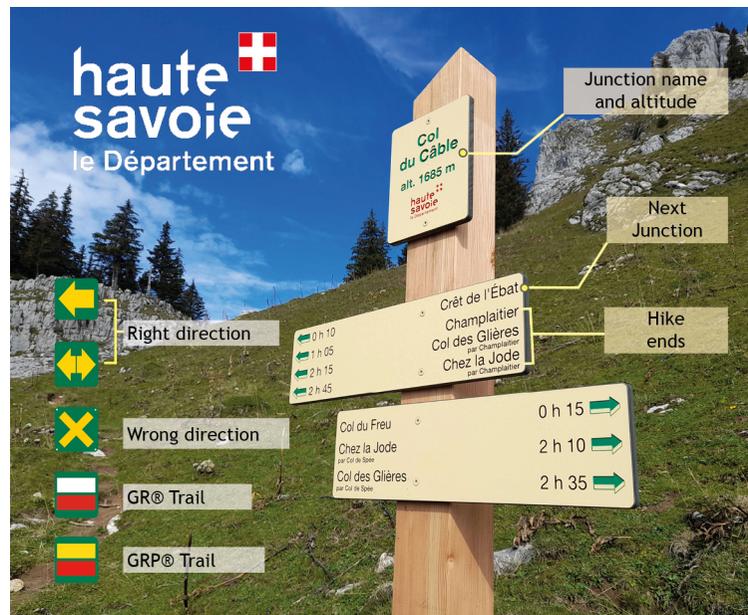


1613 m

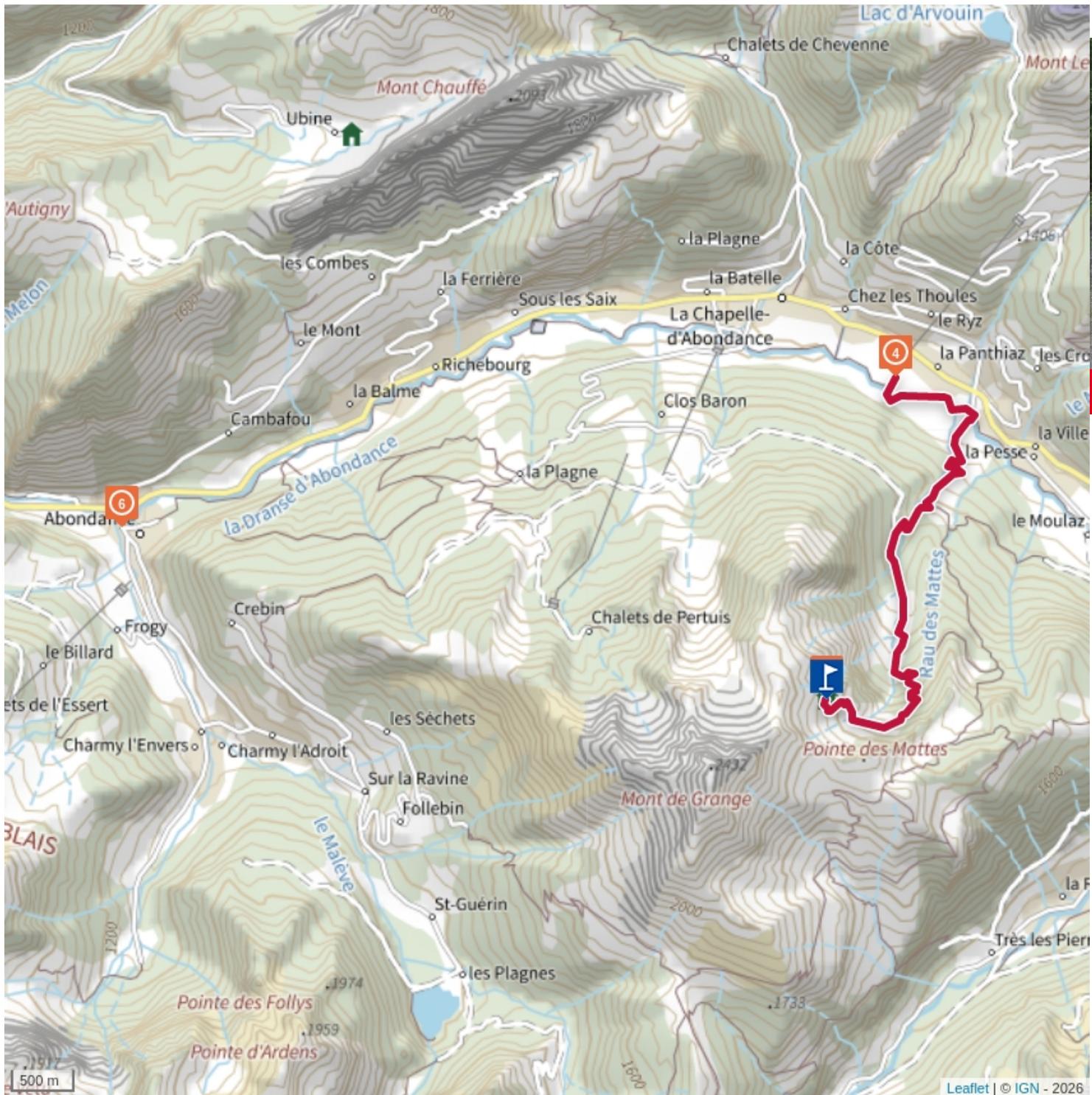
Keep pets on a lead

INFORMATION

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LA CHAPPELLE-D'ABONDANCE



YOUR ROUTE

- 1 From the Refuge de Trébutaz, follow signs for "La Pare du Midi".
- 2 At the signpost for "La Pare du Midi", follow signs for "La Louennaz".
- 3 At "La Louennaz", follow signs for "Les Ravières".
- 4 At "Les Ravières" continue towards "Pont du Moulin", passing through "Sur Bayard".
- 5 Once you've reached "Pont du Moulin", take the same route back to the Panthiaz parking lot.

TRICKY SECTIONS: Some passages are steep, have good walking shoes.

RECOMMENDATIONS: Whatever your hike, remember to pack cereal bars, plenty of water, sunglasses, sunscreen, a small first-aid kit, and clothing appropriate to the season and weather forecast.